



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

NOTE- ALL BELOW PAGES MUST BE READ, AND ALL INFORMATION COMPLETED AS REQUIRED IN SCETIONS PART A & PART B TO ALLOW ANY PERSON TO PARTICIPATE IN ANY AUSTRALIAN SANDA SANCTIONED EVENT.

ALL combatants must supply on the approved below forms to Australian Sanda before they can be registered, a current CERTIFICATE OF FITNESS [page 3] and a current SEROLOGICAL CERTIFICATE [page 6]

PART A - CERTIFICATE OF FITNESS

The purpose of a medical examination of persons wishing to register or maintain their registration as a combatant with Australian Sanda is to minimise the risks of participation in combat sports.

It is a condition of each combatant's registration that they provide a Certificate of Fitness to Australian Sanda **each year**.

It is appreciated that such examination will not prevent injuries arising during a contest from strikes to the head and body.

The purpose of the examination is to detect those persons who are particularly at risk due to pre-existing disease or anatomical abnormalities.

Combatants are also required to provide Australian Sanda with a serological clearance certificate on a regular basis.

Australian Sanda requires that combatants be examined at the event by a medical practitioner before every contest, after every contest and at any time as directed by Australian Sanda.

These examinations are for the benefit and welfare of the combatants.

Generally, combatants should be in good general health.

Excessive weight and wasting should be considered with extreme caution, although this would not necessarily exclude participation.

The Medical Practitioner, in examining the patient, should look for abnormalities which:

decrease the ability of the person to defend themselves such as:

- **Loss of sensation particularly sight, hearing.**
- **Slow, clumsy movements, e.g. cerebral palsy.**
- **Muscular and/or joint disease**



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

- Lesions of balance/co-ordination.
- Easy fatigability, secondary to heart/renal disease.
- Respiratory disease, chronic or periodic, e.g. Asthma
 - increase the risk of injury such as:
 - Bleeding tendency, e.g. Haemophilia
 - Past history of multiple fractures.
- Increased size viscera, especially liver and spleen.
 - Undescended testes.
 - Loss/abnormality of paired organs.
- Poorly controlled diseases, e.g. Hypertension/diabetes.
- Disease with poor healing/potential joint instability, e.g. Collagen disease.
 - Transient/prolonged neurological system/signs, including headache.
- Previous injury with incomplete recovery of function or complicating sequelae.

The Medical Practitioner should undertake any medical examinations and tests that they believe are necessary to give them confidence to issue the **Certificate of Fitness**.

Australian Sanda does not require details of the examination undertaken or medical test results obtained, and the confidentiality of this information should be maintained between the Medical Practitioner and combatant.

The below **Certificate of Fitness** is all that is required to be provided to Australian Sanda.

If you do not consider this combatant fit compete in combat sports then you should not issue the Certificate of Fitness.



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

CERTIFICATE OF FITNESS

This form must be completed by a **registered medical practitioner**

I, _____ [insert name] being a registered medical practitioner,

Medical Registration Number: _____ [insert number/stamp]

of: _____ [insert address]

declare that: _____ [insert name of combatant]

whom I identified from

Photo Driver's License No: _____

or

Photo Passport No: _____ Country of issue: _____

in my opinion, and after undertaking the required medical assessments on _____, this combatant **is fit to compete** in combat sports.

[insert date of examination]

Signature: _____ Date: _____

It is an offense under section 92(d) of the Act to provide any information or produce any document that a person knows is false or misleading in connection with a medical examination.



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

PART B - SEROLOGICAL CLEARANCE

- Combatants 18 years and over must supply a current serological certificate **every six month** in order to be eligible to compete.
- Combatants under 18 years must supply a current serological certificate **every twelve month** in order to be eligible to compete.

A current *SEROLOGICAL CLEARANCE* is a certificate by registered medical practitioner or a person who provides a pathology service that:

1. the medical practitioner or person is of the opinion that a specified person is capable of transmitting any medical condition or disease specified by the regulations being,
 - **HIV,**
 - **Hepatitis B and**
 - **Hepatitis C.**
2. the opinion is based on the results of blood tests or other tests carried out on a date specified in the certificate.

In order to complete the Serology Certificate the medical practitioner must in the first instance order the following screening tests to be conducted:

- **HIV combined antigen- antibody (HIV Ag/Ab),**
- **Hepatitis B surface antigen (HBsAg), and**
- **Hepatitis C antibody (HCV Ab).**

Australian Sanda does not require the results of the pathology test, only the completed serological clearance.

INFORMATION FOR THE MEDICAL PRACTITIONER - SEROLOGICAL CLEARANCE FOR COMBATANTS

Contains information for Medical Practitioners and Pathology Service providers

Combatants wishing to register with Australian Sanda must provide a Serological Clearance.

A serological clearance is a certificate by registered medical practitioner or a person who provides a pathology service that:

(a) the medical practitioner or person is of the opinion that a specified person is not capable of transmitting a medical condition or disease.

(b) the opinion is based on the results of blood tests or other tests carried out on a date specified in the certificate.

The medical conditions or diseases specified by the regulations are:



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

- HIV
- Hepatitis B
- Hepatitis C.

In order to complete the Serology Certificate, the Medical Practitioner or pathology service provider must order the following screening tests to be conducted:

- HIV combined antigen- antibody (HIV Ag/Ab),
- Hepatitis B surface antigen (HBsAg),

and

- Hepatitis C antibody (HCV Ab).

SEROLOGY CERTIFICATE

The certificate must state the date of the test and may only be completed if based on the results of the above tests and the issuer is of the opinion that the person is not capable of transmitting a medical condition or disease.

Australian Sanda does not require the results of the pathology tests.

A Serological Clearance for completion is attached below for your use.

In the event that any of the screening tests are positive and the medical practitioner is of the opinion that the specified person is capable of transmitting the specified disease / medical condition then the serology certificate **must not be issued**.

RENEWAL OF SEROLOGY CERTIFICATE

While an athlete is competing serology clearances must be obtained every 6 months for adults and

every twelve months for children (people under the age of 18).



COMBATANTS MEDICAL AND SEROLOGY REQUIREMENTS

SEROLOGICAL CLEARANCE CERTIFICATE

This certificate must be completed by a registered medical practitioner or a person that provides a pathology service

I, _____ [insert name of medical practitioner/
pathology service provider]

being a registered medical practitioner or person who provides a pathology service,

Medical Registration Number: _____ [insert number/stamp]

of: _____ [insert address]

declare that: _____ [insert name of combatant]

whom I identified from

Photo Driver's License No: _____

or

Photo Passport No: _____ Country of issue: _____

Other (please specify) _____

and based on the result of blood tests or other tests carried out on _____ [insert date of tests]

is in my opinion not capable of transmitting a medical condition or disease and is clear to compete in combat sports.

Signature: _____ Date: _____ [Signature of medical
practitioner/pathology service provider]

It is an offense under section 92(d) of the Act to provide any information or produce any document that a person knows is false or misleading in connection with a serological clearance.
